**HOW TO SPOT MENINGITIS:**

Signs and symptoms differ depending on age. They can include one or more of the following:

**WHAT VACCINES CAN I GET?**

[Insert information on your country/state’s meningitis vaccination schedule here.]

|  |  |
| --- | --- |
|  | Age(s) available |
| Vaccination |  |
| Vaccination |  |
| Vaccination |  |
| Vaccination |  |
| Vaccination |  |
| Vaccination |  |

**LIFE AFTER MENINGITIS**

Meningitis and septicaemia can occur together. For survivors, after effects can include:

**MENINGITIS:**

* Acquired brain injury
* Sight problems
* Hearing problems
* Learning difficulties
* Behavioural changes
* Depression
* Exhaustion
* Memory problems

 

**SEPTICAEMIA:**

* Limb loss
* Poor blood supply to the feet and hands
* Bone growth problems
* Organ failure
* Skin scarring

**[Insert your organisation’s name and main focus (if applicable) here]**

 *[As an example, we have used meningococcal B meningitis, but if you focus on another type/strain, you can talk about that below]*

**WHO ARE WE?**

[Organisation name] works to reduce the impact of meningitis in [insert your country’s name]. We provide valuable information to members of the public about the signs and symptoms of meningitis and the vaccines available through [insert activities here].

**MENINGOCOCCAL B MENINGITIS** (or other bacteria/pathogen) [Adapt, as appropriate]

MenB is a type of bacteria that can cause meningitis and septicaemia in anyone at any age. In [insert your country here] this bacteria is responsible for [insert statistics here, e.g. fatalities, disabilities].

**VACCINES?**

There are two main brands of vaccine that can protect against MenB- Trumenba and Bexsero. [Insert here if the vaccines are available in your country and if they are privately or publically available].

**WHAT IS MENINGITIS?**

* Meningitis is the inflammation of the membranes that protect the **brain** and **spinal cord**.
* Meningitis affects more than **2.8 million** people from all over the world each year.
* 1 in 5 bacterial meningitis survivors develop one or more **after effects**.
* Even with fast diagnosis and treatment, up to 20% of bacterial meningitis patients will **die**.
* **Anyone** can be affected by meningitis; infants, young children, adolescents and older people are at greatest risk.
* Meningitis can **kill in 24 hours:** seek urgent medical attention if you suspect the symptoms.

**BABIES/TODDLERS**

* No appetite
* Bulging head
* High-pitched cry

**CHILDREN/ADULTS:**

* Severe headache
* Dislike of bright lights
* Muscle/joint pain
* Stiff neck
* Fever
* Seizures
* Drowsiness
* Confusion

**AT ANY AGE:**

* Cold hands and feet
* Blank expression
* Vomiting/diarrhoea
* A rash

[insert your logo here]

**World Meningitis Day Factsheet**

#AfterMeningitis #WorldMeningitisDay